

FST


Food Specification Tool

The FST is a simple tool designed to make the lengthy process of creating, designing & printing, food specifications **QUICKER, CHEAPER & EASIER**

Wok Fried Hoi Sin Chicken

Serve as per picture

Quality Identifiers
Tortilla is crisp & golden brown, NOT burnt
Salad is fresh, crisp & moist
Chicken is cooked and moist in appearance



Ingredients
½ fillet of chicken
20 ml hoi sin marinade
10 ml olive oil
28 gm mixed leaf salad
28 gm cucumber julienne
28 gm spring onion julienne
1 x 10 inch floured tortilla

Storage & Shelf Life

Presentation & Service
Place all items on LARGE round plate as shown on picture
Serve immediately
Large knife & fork

Preparation
1. Cut chicken into 8 or 9 slithers
2. Estimate daily sales in advance & marinade in hoi sin & olive oil.
3. Place into food safe container – cover & day dot
4. Place into a refrigerator until required at 1 – 4 °C
5. Cut cucumber & spring onion into julienne strips
6. Place into food safe container – cover & day dot
7. Place into a refrigerator until required at 1 – 4 °C

Cooking
1. Place a wok onto gas a gentle haze
2. Add chicken & marinade for 4 mins or until a core temperature of 75 °C is achieved – stir continuously.
3. Place tortilla onto char grill gently cook until sear is apparent, then turn over & apply to other side.

Symbol Key
Defrost, Store at -18/-21°C, Fryer, Shallow Fry, Grill, Pan, Refrigerate 1-4°C, Microwave, Oven, Ensure Core Temp., Glaze, Pasta Bowl, Soup Bowl, Round Plate, Oval Plate, Oval Eared Dish, Rect. Plate

NO NEED to spend hours formatting pictures

Picture will automatically format to the optimum resolution regardless of the nature of the picture taken. Just point FST to where the image is stored and it does the rest.

Easy to use DRAG & DROP

All you need to do is add the information by your own choice of words or utilise the prescribed text which is available as a 'click and drag'

NO NEED to PAY for ART COSTS

EASY TO UNDERSTAND symbols

In an ever growing environment of multi national workers the use of symbols for things like ovens and plate shapes can be added using 'Drag & Drop'

What is it?

**QUICKER
EASIER
CHEAPER**

- ➔ The FST is a simple tool designed by Alphagraphics in partnership with People1st which makes the lengthy process of pulling together food specifications, designing, printing and delivery, quicker, easier and cheaper.

The Problem

- ➔ Piecing together Food Specifications has always been a tough task, it is a very in depth process that requires time and attention, pulling together the recipes at the development stage, making copious notes and then transcribing them into PowerPoint or Word ready for meeting with a printer at another date.
- ➔ Then there is then a long wait whilst art work is debated about and a week or so later another meeting to debate over samples. Art work adds unnecessary time and cost, when actually we are not trying to sell its design, food specs are purely a source of important operating information.
- ➔ By the time an agreement has been made, 3 or more weeks have gone by before distribution of final product is able to be carried out., it a long gruelling, drawn out process.

Welcome to the Solution

- ➔ FST has been designed to make Food Specs a lot simpler and is also more cost effective, a lot **quicker, saving brain power, time and money**. Research has shown by using FST that up to **46% savings** can be achieved versus other known companies that produce Food Specs for Pub & Restaurant Operators.
- ➔ The Art work has been pre-developed into the system and does the work for you. As you develop your recipe ideas you 'click & drag' all the information by your own choice of words or utilise the prescribed text which sits available to be used into laid out columns.
- ➔ All you need then is to insert the picture of the dish.
- ➔ Once you are happy, at the click of a button, exactly what you see in FST is then sent as a file to the Alphagraphics Website, because FST has been developed by them, they are geared and ready to go straight into production.
- ➔ Printing, binding and distribution can be achieved within 7 days.

How to purchase FST

- ➔ Get this and other innovative tools at www.people1st.co.uk